



“FROM PACKAGE TO PALATE IN MINUTES”

April 25, 2007
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**CAESAR'S ½ OZ.
COOKED MEATBALLS
SPECIFICATIONS**

Product Code: 70024

Pack Size: 4/2 ½ lb. Pkgs. – Net Wt. 10 lbs.

Ingredients: Beef, Water, Bread Crumbs (Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid], Corn Syrup, Sugar, Vegetable Oil [Soy Bean and/or Cottonseed and/or Corn and/or Canola Oils], Contains 2% or less of the following: Yeast, Salt, Whey, Soy Flour, Sodium and/or Calcium Stearoyl 2 Lactylate, Calcium Propionate, [Preservative] and Sesame Seeds), Textured Soy Flour, Soy Protein Concentrate, Salt, Sodium Lactate, Vinegar, Dextrose, Onion and Garlic Powder, Spices, Cheese (Imported Parmesan Cheese [Made from Cow's Milk, Rennet, Salt], Imported Pecorino Romano Cheese [Made from Sheep's Milk, Rennet, Salt], Romano Cheese Powder [Made from Sheep's and Cow's Milk, Cheese Cultures, Salt, Enzymes]), Milk Solids, Salt), Sodium Phosphate, Hydrolyzed Soy Protein, Spice Extractives, Parsley, Natural Flavor, Hydrolyzed Soy and Corn Protein, Natural Flavorings (Extractives of Onion and Spices), Eggs. **ALLERGENS: WHEAT, SOY, EGG, MILK.**

Physical Dimensions: Approx. 1" Round

Cooking Instructions: COOKING TIMES MAY VARY DEPENDING ON OVEN

1. **Oven:** Preheat oven at 325°. Place meatballs in a single layer on an ungreased baking sheet.
 --**Frozen:** Cook for 35-40 minutes.
 --**Thawed:** Cook for 25-30 minutes.
2. **Microwave:** Use microwave-safe container with lid.
 --**Frozen:** Cook on high setting for 4 mins.
 --**Thawed:** Cook on high setting for 3 mins.
3. **Stove Top:** Preheat your favorite sauce or gravy. Add frozen meatballs. Turn to Medium Heat and Cover, stirring occasionally. Heating time approximately 20 minutes.

ALWAYS HEAT PRODUCT TO INTERNAL TEMPERATURE OF 160° F.

Nutritional:

Serving Size: 6 Meatballs (85g)			
Servings Per Container: Approx 13			
Amount Per Serving			
Calories: 260	Calories from Fat: 180		
% Daily Value*			
Total Fat 20g	31%		
Saturated Fat 8g	42%		
Trans Fat 0g			
Cholesterol 40mg	14%		
Sodium 730mg	30%		
Carbohydrate 6g	2%		
Dietary Fiber less than 1g	4%		
Sugars 1g			
Protein 12g			
Vitamin A 0%	•	Vitamin C 0%	
Calcium 4%	•	Iron 10%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
Nutrients:	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9	•	Carbohydrate 4	• Protein 4